




Sample QB-Assistant Beauty Therapist (Theory)

S.no	Question	Option 1	Option 2	Option 3	Option 4	Answer
1	What is the right position for arm waxing ?				None	2
2	Any service can be perfect when followed by _____ and _____ standards laid out by manufacturer	Health and wealth	Health and safety	Fun and frolic	Emergency & first aid	2
3	Three steps to put accurate nail paint:	File nails, scrub, put nail paint	Shape nails, remove cuticles, put nails paint	Put base coat, polish coat, top coat	Remove paint, cream massage, leave nails	3
4	Removal of mask is to be done after?	Client gets irritated	It starts itching	According to skin	Whenever you get time	3
5	Which posture is correct for pedicure?	Both Client and staff should stand,	Both should be sitting comfortably	Client has to sit and staff will stand	Client will lie down and staff has to stand	2

6	Other important job of assistant is to _____ the _____ accurately and store _____ in line according to policies	Sing, song, CD	Record, therapy, information	Serve, client, records	Massage, foot, accessories	2
7	In case of any mishappening in salon, who should be informed first?	Neighbours	Manager	Landlord	Doctor	2
8	Salon's reputation also depends on ?	Staff is smartly dressed in proper uniform	Staff enjoys party daily	Located on top floor for good view	None of above	1
9	The system to dispose off waste material by organization	It should be under organization's guidelines	No need to follow guidelines and can be disposed anywhere	It should be kept it the organization itself	None of above	1
10	If the client is coming for the first time, the assistant's job is to:	Ask senior to talk to the client	Serve beverages with a smile	Guide the treatment according to skin type	Force the client to go for expensive treatment	3

Sample QB: Assistant Beauty Therapist (Viva)

S.no	Viva Question	Answer
1	Give any two example of salon wastes.	Cotton, wax, strips, hair, etc.
2	What is an astringent lotion?	Astringents are water-based skincare products that are used after washing to remove left-over makeup and cleanser. Astringents are also formulated to remove excess oil from the skin.
3	What is the difference between a clean up and facial?	Clean-up or face cleansing is extremely important to maintain a healthy and glowing complexion. A regular clean-up will help in getting rid of dead skin cells, debris, dirt, and excess oil and sweat. Moreover, it will keep the skin hydrated for a long time. Facial also includes cleansing, scrubbing, steam, removal of blackheads and whiteheads, and applying a face pack. However, this is coupled with a relaxing massage.
4	What are the basic skin types and skin tones?	Skin types: Oily, dry, normal and combination Skin tone: Fair, dark, pink, yellow, pale

Sample QB: Assistant Beauty Therapist (Practical)

S.no	Practical Scenario	Rubrics
1	<p>Client ABC aged 35yrs wanted to get a facial done. Her skin type is very dry .So the therapist suggested her a facial as per dry skin so that the skin is not dry after the treatment and appears glowing, the therapist kept the records at a safe place after the treatment. Demonstrate the steps.</p>	<ol style="list-style-type: none"> 1. Did the candidate washed hands with a antibacterial soap before starting the servcie ? 2. Did the candidate used skin care products as per for dry skin requirements ? 3. Did the candidate secure the client's hair off their face when performing the treatment? 4. Did the candidate placed skincare products, clean spatulas headband, handtowel, face mask, scrub, cotton buds, tissues ,hand mirror ,sponges on the tray? 5. Did the candidate used a clean & sterlized spatula for beauty products removal from containers? 6. Did the candidate disposed used facial belts in a metal container with a tight fitting lid ? 7. Did the candidate stored the client's record card in a locked cabinet?